

### Personal, Social and Emotional Development

What does it mean to be a kind friend?  
Managing our feelings.  
People who keep me safe  
Independence - what can I do by myself?

**Topic homework - What can you do by yourself at home? Can you put your coat and shoes on?**

### Literacy

Phonics Phase 1 & 2

Phase 1: Instrumental, environmental, body sounds

Phase 2 sounds: e, u, r, h, b, l, f

### Communication and Language

Speaking and Listening - Links to Phase 1 phonics activities.

Speaking in full sentences using the words 'because' and 'and' to extend thinking.

Storytelling 'The Snowman' and 'The Snowdog'

Role play- Home Corner/Free choice role play

### Physical Development

We will be continuing to develop our fine motor skills (finger/hand strength to help us with our mark-making.

Gross motor (big muscle development) and practising how to throw and catch a ball.

**Topic homework - Can you throw and catch a ball, ride a bike/scooter?**

**Winter**

**Nursery**

**Polzeath**

**Spring Term 1**

### Mathematics

Ensuring we have an understanding of numbers to 1-5 or 1-10.

Number rhymes - '5 current buns', '5 Little Speckled Frogs', '5 Little Ducks'.

Understanding of 'more' and 'less'

**Topic Homework - numbers and amounts are all around us. What numbers can you see in your home or when you go out?**

### Expressive Arts and Design

Junk-modelling - building and joining materials together

Daily Nursery rhymes

**Topic homework - can you make a musical instrument using recyclable materials from home?**

[www.bbcgoodfood.com/howto/guide/5-instruments-kids-can-make](http://www.bbcgoodfood.com/howto/guide/5-instruments-kids-can-make)

### Characteristics of effective Learning

Playing and exploring

Finding out and exploring

Playing with what they know

Being willing to have a go

### Knowledge and Understanding of the World

Changes in the weather and Seasons - Winter

Melting and Freezing

**Topic Homework - can you 'melt' chocolate at home to make chocolate rice crispy cakes? Can you 'freeze' some juice to make ice lollies?**