

### Personal, Social and Emotional Development

How our actions affect others  
Recognising & Managing our feelings and emotions  
Tolerating delay (waiting for my turn)  
Heath & hygiene  
Keeping myself and others safe  
**Topic homework – Can you do these independently? – Brush your teeth, wash & brush your hair, shower/bath yourself?**

### Physical Development

We will be continuing to develop our fine motor skills (finger/hand strength to help us with our mark-making.  
Gross motor (big muscle development) – Music and Dance – moving to music in different ways with rhythm and enjoyment.  
**Topic homework – We would love to see any videos of you moving and dancing to favourite songs at home.**

### Expressive Arts and Design

Explore different materials freely, developing ideas about how to use them and what to make.  
Draw closed shapes with lines to represent different objects such as a house, a flower.  
Daily Nursery rhymes, songs & dancing  
**Topic homework – can you draw a picture using clear lines and shapes? Think carefully about what it needs to look like.**

### Literacy

Phonics Phase 1 & 2  
Phase 1: Instrumental, environmental, voice, body sounds & oral blending  
Phase 2 sounds: s/a/t/p/i/n/m/d/g/o/c/k

### Communication and Language

Speaking and Listening – Links to Phase 1 phonics activities.  
Speaking in full sentences using the words 'because' 'and' to extend thinking.  
Storytelling – Key Text: The Very Hungry Caterpillar  
Role play- Home Corner/Free choice role play

### Mathematics

Ensuring we have an understanding of numbers to 1-5 or 1-10.  
Begin to explore 3D shapes.  
Number rhymes – '5 current buns', '5 Little Speckled Frogs,  
Understanding of routes and locations using words like 'in front', 'behind', 'next to'  
**Topic Homework – Can you hide a teddy in different places and use 'location' words to tell someone where it is? 'on, in, next to, behind, in front, under' etc**

## Life Cycles Nursery Polzeath Spring Term 2

### Characteristics of effective Learning

Playing and exploring  
Finding out and exploring  
Playing with what they know  
Being willing to have a go

### Knowledge and Understanding of the World

Life Cycles – changes to a caterpillar into a butterfly and tadpole into a frog.  
Planting – what does a plant need to grow?  
**Topic Homework – Plant a bulb or seed in your house/garden and watch it grow. What does it need?**