FOOD FARM

We are delighted to welcome you to the new Autumn Winter menu, which we hope your child will love as much as we do! We continue to put quality at the heart of our food offer, whilst not forgetting to support our British farmers. To make sure the food we serve tastes great, our Chefs test each and every recipe with our pupils to guarantee they are of the highest standard. The Development Team would love to hear your feedback on our menus, so please email us at info.eden@interserve.com

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 w/c 5th Sep, 26th Sep, 17th Oct, 14th Nov, 5th Dec, 9th Jan, 30th Jan, 27th Feb, 20th Mar				
Cottage Pie with Gravy and Herby Bread Foxhole's Fantastic Fusilli with Herby Bread Jacket Potato with a Selection of Toppings Roast Parsnips and Savoy Cabbage	Chicken in a Bun with Tomato and Sweetcorn Relish and Sweet Potato Wedges Cheese and Tomato Pizza with Sweet Potato Wedges Jacket Potato with a Selection of Toppings Peas and Roasted Vegetables	Roast Topside of Beef, Yorkshire Pudding and Crispy Roast Potatoes or Creamy Mash Potato served with Gravy Vegetarian Parcel with Crispy Roast Potatoes or Creamy Mash Potato served with Gravy Jacket Potato with a Selection of Toppings Cauliflower and Carrots	Creamy Chicken and Sweetcorn Pie with Creamy Mash Potato served with Gravy Tomato and Basil Pasta Bake with Tomato Bread Jacket Potato with a Selection of Toppings Broccoli and Leeks	Traditional Fish and Chips or Pasta Twists with Homemade Ketchup Vegetarian Sausages with Homemade Ketchup and Chips or Pasta Twists Jacket Potato with a Selection of Toppings Baked Beans and Peas
Warm Chocolate Brownie with Chocolate Sauce	Toffee Apple Sponge with Custard	Fruity Jelly	Scone with Jam and Cream	Chewy Chocolate Cookie and Fruity Friday

Served Daily Freshly Baked Bread · Seasonal Salads · Fresh Fruit · Organic Yeo Valley Yoghurt

Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 2 w/c 12th Sep, 3rd Oct, 31st Oct, 21st Oct, 12th Dec, 16th Jan, 6th Feb, 6th Mar, 27th Mar				
Mild Chicken Curry with Vegetable Rice Creamy Macaroni Cheese with Rosemary Focaccia Jacket Potato with a Selection of Toppings Peas and Carrots	Pasta Bolognaise with Garlic Bread Quorn and Vegetable Pasty with Potato Wedges Jacket Potato with a Selection of Toppings Barbecue Beans and Sweetcorn	Roast Pork with Apple Sauce and Crispy Roast Potatoes or Creamy Mash Potato served with Gravy Vegetable Crumble with Crispy Roast Potatoes or Creamy Mash Potato Jacket Potato with a Selection of Toppings Broccoli and Carrots	Old Oak's Chicken Explosion Wrap with Tomato Salad and Half a Jacket Potato Sweet Potato and Vegetable Curry with Fluffy Rice Jacket Potato with a Selection of Toppings Vegetable Sticks and Green Beans	Fish Fingers or Salmon Fish Fingers served with Homemade Ketchup and Chips or Pasta Twists Cheese and Tomato Quiche with Chips or Pasta Twists Jacket Potato with a Selection of Toppings Baked Beans and Peas
Chocolate and Mandarin Puddle Pudding with Custard	Custard Biscuit	Strawberry Mouse	Chocolate Crunch with Chocolate Sauce	Melting Moment Cookie and Fruity Friday
WEEK 3 w/c 19th Sep, 10th Oct, 7th Nov, 28th Nov, 2nd Jan, 23rd Jan, 20th Feb, 13th Mar, 3rd Apr				
Oven Baked Farm Assured Sausages with Cheddar Mash served with Gravy Vegetable Lasagne with Garlic Bread Jacket Potato with a Selection of Toppings Sweetcorn and Green Beans	Classic Beef and Onion Pie with Herby Potatoes served with Gravy Vegetarian Cottage Pie served with Gravy and Tomato Bread Jacket Potato with a Selection of Toppings Carrots and Broccoli	Roast Chicken Breast with Stuffing and Crispy Roast Potatoes or Creamy Mash Potato served with Gravy Mixed Vegetable Roast with Stuffing and Crispy Roast Potatoes or Creamy Mash Potato served with Gravy Jacket Potato with a Selection of Toppings Red Cabbage and Carrots	Hawthorn Park's Mighty Meaty BBQ Pizza with Potato Wedges Mild Mexican Vegetable Fajita with Potato Wedges Jacket Potato with a Selection of Toppings Sweetcorn and Vegetable Sticks	Fish Fingers served with Homemade Ketchup and Chips or Pasta Twists Cheese Quorn Burger in a Bap with Homemade Ketchup and Chips or Pasta Twists Jacket Potato with a Selection of Toppings Baked Beans and Peas
Shortbread with Fruit Salad	Ginger Sponge with Custard	Vanilla Cheesecake	Chocolate Cake with Chocolate Sauce	Flapjack and Fruity Friday

Contains at least half a portion of fruit, to help pupils on their way to achieving their 5 A DAY!
Contains at least half a portion of vegetables, increasing fibre, folate, vitamin A and vitamin C.
Includes wholegrain offering pupils a great source of fibre for healthy digestion.